

# NAVICARE CLINIC

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## GROUP COUNSELING RULES

Groups start at 6:00 P.M. You will be given a 10-minute grace period, after which no one will be admitted. **PLEASE BE ON TIME.**

- No food is allowed in the group room.
- No smokeless tobacco or e-cigarettes may be used while in group.
- No contraband may be brought into Navicare Clinic. Contraband includes the following:
  - Alcohol or other drugs, or any type of drug paraphernalia.
  - Knives, firearms, box cutters, sharp scissors, or any other object that could be used as a weapon.
  - Explosive material or devices
  - Poisonous or noxious substances that could cause harm if released or exposed
  - Venomous snakes, spiders, or other dangerous creatures
  - Dogs, cats, or other personal pets.
  - Pornographic material
  - Literature, clothing, or other media that portrays drug or alcohol use, or violence in a favorable manner.
  - Any electronic devices, such as cell phones, recorders, CD or DVD players. Cell phones may be permitted in case of pending emergency, with the counselor's permission (ex. An ill child or a pregnant wife.)
- There will be a 10 minute break as close to the hour as possible
- No children are allowed in group.
- If you have problems reading or writing or other issues, please tell us when you sign up for the session.
- No loitering or loud music in the building premises or in the parking lot. Please come into the Navicare Clinic when you arrive and leave the premises as soon as group session is over.
- Treat each other with respect. Disruptions could result in termination from the group session and loss of fees.
- No cell phones in facility. This could be a violation of client confidentiality.
- You are responsible for all self-pay and payment is due at the time of intake unless other arrangements have been made.
- Cash, debit/credit cards and money orders are the only method of payment acceptable. **No checks.**
- Make this a fun learning experience for yourself and keep an open mind.

## **CLIENT – DOCTOR / COUNSELOR ETHICS**

***The doctor / counselor - client relationship is very important; in fact, research shows this relationship is the single most important predictor of positive treatment outcome.***

This doctor / counselor-client bond must be respected. Ethical lines, or boundaries, can not be crossed. It is important for you to know what your doctor / counselor will and will not do. Having this information up front can make this bond even stronger.

- Your doctor / counselor will not lend you money, nor will your doctor / counselor borrow money.
- Your doctor / counselor will not accept gifts, nor will your doctor / counselor give gifts.
- Your doctor / counselor will not give or accept tobacco. Your doctor / counselor will not take smoke breaks with you.
- Your doctor / counselor will not give you a ride nor will your doctor / counselor accept a ride.
- Your doctor / counselor will not establish a personal, business, or sexual relationship with you.
- Your doctor / counselor will not acknowledge you outside of this facility. This is due to protecting your confidentiality. If you address the doctor / counselor first, you are giving your doctor / counselor permission to talk to you.
- Your doctor / counselor will treat you like all other clients—favoritism is not acceptable.
- Your doctor / counselor will treat you with respect and make decisions based on your needs, not his or her needs.